

Golden MAGAZINE

COMPLIMENTARY

Summer/Fall 2024

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team
The Art of Rescue

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Business Spotlight

salon
SISU

DELIVERING

Award Winning Style

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Salon Sisu made its home in the beautiful city of Golden in February of 2020. The name Sisu was inspired by a Finnish word that the Finns believe to be the key to life, love the success. It roughly translates to extraordinary determination, hardiness and strength of will. This became prophetic as our community adapted to a new virus that changed the world. Salon Sisu adapted and thrived despite the many challenges.

In their first year, Salon Sisu was honored with an international award recognizing the "Top 20 New Salons in 2021" by Salon Today Magazine. They also received the "Hot Shot Award" from "Behind the Chair" One Shot Hair Awards for Top 25 Salon Décor. Last September, Sisu's owner and her husband flew to San Diego to accept the "Super Star Award" for having over 1700 five-star reviews awarded by their booking software company.

Most of Sisu's clientele are from the Golden, foothills area and want natural, lived-in looks. Whether it's natural gray blending, blonding, hair extensions, or a new haircut, they take an artistic approach that considers many factors. Placement of the color, face shape, and skin tone

all play a critical role in their consultation when considering what is most flattering for their guests and sets the stage for the guest's experience. They take the artistry and lifestyle of our guests very seriously.

The focus on guest satisfaction and esthetic artistry set Sisu apart. Their guests leave feeling refreshed and beautiful. Sisu recognizes that each guest's experience is uniquely individual. The owner tells us "Some of the guests want to feel bold, while others might just want to feel comfortable in their skin. We listen and execute! We are proud to be inclusive and celebrate everyone's individuality."

Sisu is looking forward to meeting and serving more of their Golden community, as they continue to grow and learn with the dynamic trends in the fashion industry. Sisu is proud to have built a service continuum that has everything from protégé stylists that are still honing their skills to national platform artists and educators that provide training for the rest of the team, as well as training on the national level.

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Welcome to Golden, Colorado

FROM THE MAYOR

Welcome to Golden! We are a small city with tremendous recreation opportunities, abundant arts and cultural experiences, and a rich history of the Old West. I encourage you to explore during your stay and find a new favorite trail, boutique, watering hole, or museum.

Summer and Fall are the seasons for enjoying the outdoors in Golden. Whether it is our award-winning Fossil Trace Golf Course, beautiful trails for hiking, biking, or climbing, or one of the fabulous outdoor patios for relaxing with great food and drinks there is something for everyone in Golden. I hope you have a fun, safe, and enjoyable visit to our special city. 🌟

Golden Colorado Mayor
Laura Weinberg

Photo by Nancy Thomas

FROM here to THERE

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COVER PHOTO: Courtesy of Abejas

ABEJAS

INTIMATE FARM-TO-TABLE DINING

By Julia Foodman

Photos by Julia Foodman
unless noted

The Ox Tail Ragu at Abejas quickly became one of my "top three unforgettable dishes" of all time.

FIT FOR A GLASS OF WINE WITH FRIENDS TO THE CELEBRATION OF A SPECIAL OCCASION

Just off of Washington Street in Downtown Golden, Abejas presents a tasteful yet unassuming storefront. While many locals often frequent the restaurant, if you've never been to Abejas, you might make the mistake of regularly walking by it and never stepping foot inside. In March, Abejas welcomed me and my partner for one of the tastiest and freshest farm-to-table meals we've ever had.

Abejas has been a staple of the community since 2007. Long-time owners and friends Brandon Bortles and Barry Dobesh, known among friends as the B's, provide an exceptional gathering place in the Golden community. The menu lists a wide variety of farm fresh meals with produce grown at a small farm on one of the owner's mother's property in Golden. It doesn't get any more local than that.

Before going to the restaurant, I looked at the menu and saw an enticing mix of uncommon meats, farm-fresh produce, and housemade goods. I was pleasantly surprised that Abejas was much more down to Earth than I was expecting. Inside the restaurant, you'll find a charming blend of reclaimed barn wood, corrugated metal, and vintage doors sourced from a ranch in Golden.

The restaurant feels local. It embodies old Western charm with a community focus. The staff members were close with each other, and the tables around us were full of locals who had already established relationships with the servers, hosts, and bartenders. Because Abejas features a seasonal rotating menu in which they introduce two to three new dishes at a time, even regulars are always able to try a new culinary delight.

Every bit of the restaurant was curated with clear intentionality. From the color schemes to the propagation hanging on the wall, love and care were present in every square inch of the restaurant. It was beyond evident that Brandon and Barry strive for excellence in their business.

We spoke with Head Chef Tommy Kummer who started as Sous Chef when the restaurant first opened. Tommy told us that he and Sous Chef Brooks Harris curate the menu based on what excites them



Photos courtesy of AbejasGolden.com

Abejas' Duck Confit with braised red cabbage, caraway spaetzle, and whole-grain beer mustard did not disappoint!

at the moment. "It's a lifelong passion," Tommy said. Tommy is a 20-year professional chef, and he exuded excitement and dedication to his craft. It certainly showed not just in conversation, but in the exceptional dishes he served up.

We started by ordering the Nals Margried Sauvignon Blanc and their bread service. Our server, Sean, told us about Nals Margried, a cooperative of about 100 small growers located in the Alto Adige region of Northern Italy. The wine was sweet yet acrid as the perfect Sauvignon Blanc always is.

For the bread, I was expecting a warm loaf of homemade bread, perhaps white or wheat, but my expectations were far surpassed. We were served jalapeño cheddar and rosemary sourdough with squash tarragon, Fresno chili spread, and maitre'd butter. Each item was exceptionally unique, and I tried using the chili spread and butter on their own on the bread, and then combined. Each way I sampled it offered a different combination of delectable citrus delight. The bar was already set extremely high.

Next, we were served the Roasted Beet Salad with arugula, blood orange, roasted garlic toum, pistachios, and goat cheese. With each bite, I could taste the root vegetable freshness. Once again, this dish was curated with exceptional intentionality, and each item perfectly contrasted each other in a way only a seasoned chef can do. Oh, and this was the first time I've ever liked beets.

Have you ever had a dish that you just can't stop thinking about? There are three dishes in my life that I've thought about years later. One was a ravioli I had my first night in Paris seven years ago. The second was a Caprese sandwich on Route 395 in California three years ago. The third was the Ox Tail Ragu at Abejas.

The base was made up of a doughy and light housemade cavatelli pasta. Then, of course, the meat: the ox tail was shredded finely and provided a myriad of tender flavors. The ragu was sprinkled with thin sheets of parmesan reggiano, a mixture of fine herbs, and perfectly seasoned

The roasted beet salad... the first time I've ever liked beets.



wild mushrooms. This was easily my favorite dish of the night, and I have my fingers crossed they bring it back next winter.

As if we weren't already full, now it was time for entrees. The Lobster Pappardelle with wild mushrooms, fennel, Calabrian chili, Pernod, and Monte au buerre was delicious. The flavors were exquisitely balanced with clear care and intention. The creamy sauce brought a touch of sweetness that complemented the lobster's natural savoriness. Paired with the texture of the perfectly

cooked pappardelle, this dish was a delight in all regards.

Our other entree was the Duck Confit with braised red cabbage, caraway spaetzle, and whole-grain beer mustard. The meat itself was unbelievably smooth and cut like butter. Paired with medley of braised red cabbage and delicate caraway spaetzle, this dish offered a harmonious balance of flavors and textures. The whole-grain beer mustard adds a subtle yet satisfying tang.

Finally, for dessert, we had their homemade ice cream, but these weren't just any homemade ice creams. I'm very much a chocolate person so I ordered their chocolate hazelnut. It wasn't just a Nutella-flavored ice cream. It was a nutty and bright frozen treat with crunchiness inside. My partner who prefers fruity desserts ordered the strawberry rhubarb and I ended up eating most of it. Like I said, I'm usually a chocolate person, but this was just so smooth and vibrant.

As Golden Magazine's restaurant reviewer, I want to shine a light on the greatness and the not-so-great parts of the restaurants I visit to give readers a holistic understanding of the restaurant to see if it's right for them. But in the case of Abejas, there aren't any negatives to discuss.

Don't make our mistake and wait until you've lived in the area for years before you experience the deliciousness inside. Run – don't walk – to Abejas for your new favorite restaurant not just in town, but your new favorite restaurant, period. 🌱



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Morrison's Hidden Gem

Cliff House Lodge

By Ana Boyd
Customer Experience Curator



Nestled in the heart of the Front Range, the enchanting Cliff House Lodge is just a mile away from the iconic Red Rocks Amphitheatre. This historic and charming property, originally constructed by George Morrison himself in 1876, offers a unique and unforgettable experience for visitors looking to make the most of their Red Rocks adventure.

Each of our eight eclectic cottages at Cliff House Lodge has distinct character and charm. From rustic simplicity to modern elegance, every cottage has its own unique vibes! Whether you're looking for an adventure to an enchanted forest or an evening in Camelot, the cottages cater to whatever your heart may desire. And the best part? Each cottage comes with its own hot tub or jacuzzi tub, perfect for relaxing after a long day at the concert. (Our Camelot suite gives the best of both worlds and offers an indoor jacuzzi tub AND outdoor hot tub!)

After dancing the night away at Red Rocks, come back to Cliff House Lodge and unwind in the comfort of your own private cottage. Relax in your hot tub or jacuzzi tub, enjoy a peaceful night's sleep in our cozy beds, and wake up refreshed and ready for another day of adventure. When you rise in the morning, a hearty and fulfilling breakfast will

be waiting for you – price included in your stay! We offer a variety of delightful breakfast options to choose from, and all products served in our kitchen are locally sourced and organic. Dietary restrictions or allergies? No problem – just let our chef know. We are happy to accommodate you!

Don't leave your furry friends behind! At Cliff House Lodge, we understand that pets are part of the family. That's why we offer pet-friendly accommodations, ensuring that your four-legged companions can join you on your Red Rocks adventure. We have a lively crew of resident lodge dogs as well: Shakti, Layla and Mr. Dog! In addition to being pet-friendly, we proudly offer a cannabis-friendly environment for our guests. Enjoy the comfort of our great

room and expansive outdoor space to indulge in cannabis at your leisure!

At Cliff House Lodge, we pride ourselves on offering more than just a place to stay; we offer an experience. With all of the perks that only Cliff House has to offer, we strive to make your Red Rocks experience truly unforgettable. So why wait? Book your stay with us today and discover the magic of Cliff House Lodge for yourself! 303-697-9732 / cliffhouselodge.net / cliffhouse-morrison@gmail.com. 🌿



ALPINE RESCUE TEAM: *The Art of Rescue*

BY DAWN WILSON

Over 4 feet of snow had fallen in the past 24 hours, covering vehicles and taking hostage of the neighbors within their homes, unable to get out. March is often the snowiest of the Colorado months, but this amount so quickly was rare. One neighbor decided to help the locals out and use his tractor to plow the road...until that no longer could move the amount of frozen precipitation on the rural road. Hopping off his tractor, he was in chest high snow and fighting to move only a few feet at a time without any preparations. He dug a snow cave to stay warm. Then, his daughter called. Hours, he waited, talking to her and trying to contain any warmth and hope of survival. Who could get to him when his tractor could not do the job?

The local Sheriff's Office receives a 911 call of a man unexpectedly stuck in the snow, unable to self rescue. They send a message to over 70 local individuals, professionally trained to assist in this type of situation. Volunteer members of Alpine Rescue Team grab cold weather gear, food and water, and drive to the scene of the stuck individual. Prepared with snow-machines, the team attempts to access the man but are blocked by the massive amount of snow.

An hour later, they have made little progress. Meanwhile, 2 members have begun the journey on skis, often belly deep in snow, slogging their way towards the location of the tractor, hoping to get to him before the cold makes the situation more dire.

Hunkered down in a snow cave, our subject stays on a dying cell phone with his daughter as the snow piles up and the temperatures plunge. Saying his goodbyes, as he is tired, weak and cold. A headlamp appears, getting closer by the minute. The volunteer rescuers have arrived, and supply him with clothing, food, and most importantly, hope. The severely hypothermic subject was rewarmed and evacuated. After a brief hospital stay, he was back home to rest.

Alpine Rescue Team is a 501(c)3 organization with a mission of helping others having a bad day in the mountains. This includes those that are lost, injured, or worse. All members are volunteers who respond any time of the day, any day of the year, in service to those who need it. In the United States, search and rescue (SAR) is under the responsibility of the local Sheriff's Office, who often utilize a local non-profit to carry out the mission. Alpine Rescue Team supplies those services to 3 counties just west of Denver – Jefferson, Clear Creek, and Gilpin Counties.

With rigorous and constant trainings, Alpine Rescue Team members are highly trained in skillsets such as search methods, orienteering, rock and ice climbing skills, avalanche rescue, and medical care. Several of their members are active at the state and national leadership organizational levels, to further the advancement and education of search and rescue techniques. As a non-profit organization, they continually raise funds to support their mission of search, rescue and education just west of Denver.

www.alpinerescueteam.org ★



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How To Do RED ROCKS Right

By Savannah Nelson

Red Rocks Amphitheater is one of Colorado's most iconic attractions and is the best-attended outdoor concert venue in the US, and ranking top five worldwide. Bands consider it a career highlight, and catching a Red Rocks concert is a bucket list item for locals and visitors alike.

Between its natural acoustics and breathtaking scenery, Red Rocks isn't just a venue; it's an experience. Here's how to do Red Rocks right.

HISTORY

Red Rocks was carved out of ancient sandstone, originally crafted by geological forces and erosion that sculpted the towering formations still seen today. The iconic red color comes from the presence of iron oxide.

The first rudimentary stage was constructed in 1906, but it didn't take form until 1927 when the City of Denver purchased the surrounding land with the intent to develop it. Red Rocks officially opened in June 1941.

Since then, the amphitheater has hosted a full roster of legendary performances spanning every genre, from rock to classical to EDM and everything in between. In 2015, Red Rocks was designated a National Historic Landmark.

PRE-SHOW

To make the most out of a Red Rocks visit, plan pre-show activities. They're nearly as important as the music itself.

For example, getting food and drinks beforehand is vital. Stop by favorite Golden haunts to pre-game, like Barrels and Bottles or Cannonball Creek breweries. For food, Wrig-

ley's has hearty Chicago-influenced fare, and Origin at Red Rocks' Nomad Taqueria and Beer Garden has a divine mix of southwest eats and cold beer.

When it comes to getting there and back, Red Rocks has a few options. Using car share apps is easy and recommended (there are designated areas for pick-up and drop-off). Otherwise, there's free parking onsite (with a ticket purchase), but spots fill up quickly. Lots are commonly utilized for tailgating before the show; fans show up several hours prior and hang out at their car with snacks, drinks and friends.

It's also a good idea to come early to explore the grounds. Red Rocks has an excellent visitor center and museum that showcases its history and significance. Plus, the surrounding views from the Ship Rock and Trading Post overlooks are panoramic and expansive—worth seeking out.

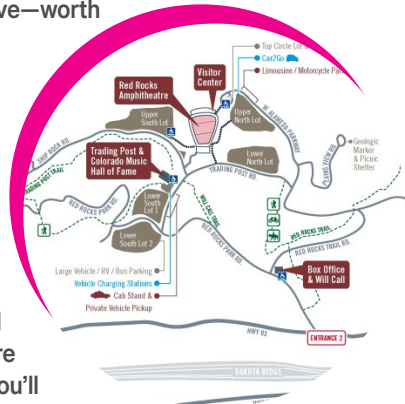
WHAT TO EXPECT

From a practical standpoint, expect adverse weather. Bring warm layers: snow, rain or hail are regular (sudden) guests. The show goes on at Red Rocks, so come with more clothing than you think you'll need.

When the show starts, expect magic. Red Rocks' natural acoustics amplify the music, which creates an immersive, sonic experience. The iconic rock-face is a stunning backdrop, and the energy of the stars, crowd and performance is tangible.

POST-SHOW

For those looking to stay overnight, nearby lodging options make things easy. Recommended hotels include the Origin at Red Rocks, Golden Hotel, Eddy Hotel and the Comfort Suites Golden West at Evergreen Parkway—each offering comfortable rest after an epic, iconic night at Colorado's best music venue. When done right, there's just no beating a show at Red Rocks. ★



TRUCKIN'

GOLDEN'S PHENOMENAL
FOOD TRUCK SCENE
ELEVATES THE GAME

... got my chips cashed in

By Savannah Nelson



Golden's Favorite Food Trucks

For a town of only 20,000 people, Golden is quite the cultural melting pot, which means the town is home to a unique fusion of cultures, identities, and of course, cuisines. Dozens of food trucks offering specialized fare make their way through Golden every year, and a handful of the best around call Golden home.

We asked Golden residents what their favorite local food trucks are, and we've compiled this list of the most frequently mentioned. From Thailand to Mexico and back, when in Golden, there's no shortage of fantastical feasts for all.

PAMBASOS

About Pambasos: Established in 2016, Pambasos is an authentic and fresh Mexican street food truck owned and operated by a local Golden husband and wife team, Gus and Lisa Mandujano. Gus is from Mexico, and he has been a chef since he was 15. Lisa is a Golden native and she says she's never had Mexican food like Gus' anywhere in the Golden! "I've always known we have something special to share with the Golden Community – Golden is a special place and we're honored to be a part of the community," she says.

What Pambasos Serves: Authentic Mexican street food – everything from street Tacos, burritos, quesadillas, fried tacos, chilaquiles, tortas, pambaso, churros, dry rub wings, parmesan garlic fries, and fresh tortilla chips/salsa/guacamole. They also serve lots of gluten-free items.

Most Popular Menu Items: The California Burrito is always a crowd-pleaser! Quesadillas sell like crazy, and Lisa's personal favorite is the fried tacos.

Where to Find Pambasos: Golden Farmers Market every Saturday, Holidaily Brewing Company, and Summer Jam put on by the Golden Civic Foundation. Learn More and Book Pambasos: [Instagram.com/Pambasos303/](https://www.instagram.com/Pambasos303/)

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DARLEENZ DILLA'Z

About Darleenz Dilla'z: Chef and owner Randall Baldwin has always had a passion for food and an itch to start his own food truck, and he was inspired to make his dream a reality following the passing of his aunt Darlene from Pancreatic Cancer. The truck donates a portion of their profits to the Pancreatic Cancer Action Network. Randall operates his truck in Golden because "the people are super nice and we love the quaint little town."

What Darleenz Dilla'z Serves: We specifically serve unique, hand-crafted quesadillas

Most Popular Menu Items: The "Bust it Big" Quesadilla (Brisket burnt ends tossed in Carolina BBQ sauce, caramelized onions, fried cheese curds inside, spicy-sweet relish) and The "AF" or Already Fried Quesadilla (Crispy fried chicken tenders, homemade buffalo sauce, smoked bacon, pepper jack cheese and served with Ranch)

Where to Find Darleenz Dilla'z: New Terrain Brewing on Saturdays from 11-8, Cannonball

Creek at various times, and at private events. Learn More and Book Darleenz Dilla'z: [DarleenzDillaz.com/](https://www.darleenzdillaz.com/)

ISAN THAI

About Isan Thai: Isan Thai was opened in 2019 by Ketsaraporn Paschke, an immigrant from Nong Khai Thailand who still has a farm in a small village. After she got her US citizenship, she decided to open a mobile restaurant and bring traditional Northern Thai food, a rarity this side of the world, to West Denver metro.

What Isan Thai Serves: Traditional Isan Thai food. We experiment with some of the delicacies once in a while, but paper wasp larvae, crickets, and silk worm pupae don't sell well and are hard to get.



Most Popular Menu Items: Pad Thai, Pad kee mao, crab cheese wontons

Where to Find Isan Thai: Every other Wednesday from 4-7 at Green Mountain Brewery, Thursdays from 4-8 at Great Frontier Brewery, Camden Denver West apartments once a month on Friday, Camden Lakeway apartments once a month on Friday, Holidaily Brewing in Golden 1-2 Saturdays a month, CODA brewing in Golden every Sunday, and Mountain Toad brewery every other Monday. Learn More and Book Isan Thai: [Facebook.com/IsanThaiFoodTruck](https://www.facebook.com/IsanThaiFoodTruck)

LA HUACHA

About La Huacha: La Huacha is a family owned and operated small food truck. In 2021, after many years working at local restaurants, owners Franciso and Edna Estrada decided to open their Golden-based truck serving fresh and simple tasty food.

What La Huacha Serves: Traditional Mexican street tacos, quesadillas, burritos, tortas, and more.

Most Popular Menu Items: Al Pastor Tacos and their famous chipotle fries.

Where to Find La Huacha: La Huacha is parked just South of Downtown Golden at 17025 S Golden Road. Learn More and Book La Huacha: [LaHuacha.com](https://www.lahuacha.com)

FOODTRUCK AVENUE TRUCKS

About Food Truck Avenue: Food Truck Avenue owner David dreamed of owning a restaurant his whole life, and in 2015, that dream came to life with Food Truck Avenue's first truck, Mac 'N Noodles. Today, the operation has expanded to nine different trucks offering a variety of cuisines. They are the first and only collective of food trucks that are all owned and operated under one roof. While their trucks travel throughout Denver Metro, the company is based in Golden, and David loves being immersed in the scenic and community-driven city of Golden.

Food Truck Avenue's Trucks:

The Colorado Pig Rig: coloradopigrig.com

Mac 'N Noodles: macnoodles.com

The Burger Bus: theburgerbus.com

Capital City Wraps: capitalcitywraps.com

Mile High Cheesesteaks: milehighcheesesteaks.com

The Walking Taco: thewalkingtaco.com

Denver Street Tacos: denverstreettacos.com

Grazing Denver: grazingdenver.com

The Strawberry Shortcake: thestrawberryshortcake.com

Where to find Food Truck Avenue: Food Truck Avenue primarily serves private events but occasionally operate at public events. Their calendar is available on their website. Learn More and Book Food Truck Avenue: FoodTruckAvenue.com 🌟



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GROWING UP

GOLDEN

LOCAL NICK LARSON

pro-snowboarder

BY AMY BRADLEY

S nuggled up between the foothills of the Rockies and the sprawling metropolis of Denver is Golden, a community full of arts and culture, eclectic local shopping options, craft beer and of course, an abundance of outdoor activities. Residents enjoy access to the mountains and rivers year-round and for born and raised Nick Larson, this has shaped his identity from a young age. Nick has been a sponsored pro-snowboarder since he was in high school and has been on a board almost his entire life. At just two years old, his father Rick, who was one of the pioneer snowboarders in the 80s, cut smaller sizes out of his old snowboards to create a board that Nick could ride. He did his first promo when he was only 7, was sponsored by Never Summer at 15 and now in his early 30's, Nick's snowboarding skills have taken him all over the world and allowed him to see and do things any Colorado outdoor enthusiast would be jealous of.

Growing up in Golden, Nick spent a lot of time on the surrounding mountains, being taught by his father who moved to Colorado from New Jersey in high school. When they weren't on the slopes, Rick ran a successful pizza restaurant for many years that Nick worked in and as a long-term industry employee myself, it was fun to chat with Nick about everything that you learn in the service industry. After selling the restaurant, Rick eventually moved to Costa Rica where he now resides permanently, and Nick spends many summers riding waves instead of powder. While the summer trips are always a tropical paradise, Nick's main love is of course the snow. When I asked if he had a favorite run or mountain, he said he considers himself more of a storm chaser: he just goes where the snow is best. Loveland, Sheephead Cabins and Silverton were mentioned though as some of the more beautiful areas for boarding in Colorado. Nick travels throughout Colorado and Utah frequently and has been all over the resorts and back countries of the states.

Nick is currently sponsored by Spy, Dakine,

Liquid Death, Flux and of course Never Summer, who he has been with for nearly 20 years. He appreciates that the Denver based company feels like a local family and not an impersonal corporation. The friendship he has developed with the company's owners is genuinely based on simply a mutual love of the sport and lifestyle.

Being sponsored has led to many world travels for Nick. From Canada and Alaska to Japan and all over Europe, Nick has been fortunate enough to ride some of the world's best mountains. He's competed in several tournaments including the European Open, US Open and the Dew Tour. The last ten years however, have been mainly spent filming promos in the backcountry for his various sponsors.

It's not all perfect all the time of course. Years on a snowboard can certainly lead to injury and Nick is no stranger to bodily harm. He's broken bones, strained muscles and once a torn patellar tendon that led to 8 months of recovery time. Fortunately for him, Nick's mother owns the Intrinsic Collective in Golden: a business space with infrared saunas and supplements that helped speed up his recovery. Injuries have yet to slow him down though and Nick is planning on many more years on the slopes. When looking ahead to the future his plans include soaking up as much travel and enjoyment that his snowboarding will allot him.

He's currently living out his days doing his passion and seeing the world – the kind of life I think we all wish we could be enjoying. When he isn't traveling his home base is still Golden where he's started getting into rock climbing and spending time with family and friends. Needless to say Nick is living the Colorado dream. He hasn't let any success go to his head however and is an incredibly down-to-earth, likeable human. His positive energy is contagious and being around him feels exactly how you'd expect it to feel being around someone living their days getting paid to do what they love. 🌟

Photo by Kevin Westenbarger

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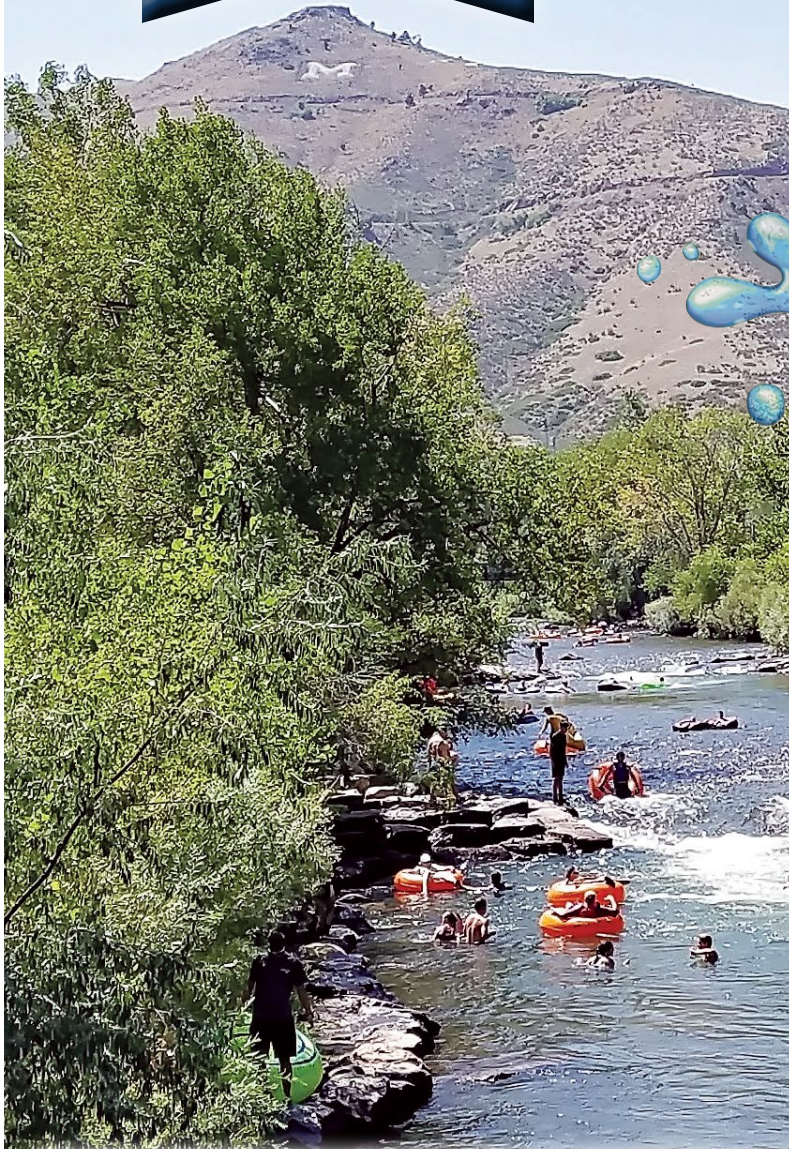


FAT SULLY'S
NY PIZZA

Summertime Fun CLEAR CREEK ADVENTURE

Tubing in Golden

By Savannah Nelson



Tubing down Golden's Clear Creek is a major summertime activity. It's fun and thrilling for adventure seekers drawn to the water. Below is a comprehensive guide to get the most out of tubing Clear Creek.

»TUBING IN GOLDEN

For Clear Creek tubing, head to Golden's White-water Play Park (the put-in is in Gateway Trailhead, and the take-out is in Vanover Park). The route is approximately 1 mile long, and a single trip takes about an hour. Parking is available in the Clear Creek Parking Lot.

Note: Clear Creek is not a "lazy river" float. It has Class II/III rapids and is a flowing creek recommended for strong swimmers only.

Clear Creek tubing opens gradually for safety. June and early July are for strong-swimming adults comfortable in swift water. As the flow rate drops, the water becomes more appropriate for younger ages.

For example:

- Water level under 300 CFS: ages 8 and older with weight and swim level stipulations
- Water level 300 – 500 CFS: ages 12 and up
- Water level above 500 CFS: not suitable for anyone under 18

»PLANNING YOUR TRIP

Before going, here are some important considerations.

1. Check closures. Clear Creek's water levels can vary, so research beforehand to see if the City of Golden has issued any water closures.

2. Consider driving alternatives. Parking in Golden, especially during peak summer months, can be challenging! Instead of driving, consider public transportation, like the RTD light rail or RTD buses. Rideshare apps also help avoid the stress and hassle of parking.

3. Equipment rental. Several local outfitters provide everything for Clear Creek tubing, including equipment rentals and shuttle services for drop-off and pick-up.

»RENTAL OUTFITTERS

Here are Golden-based tubing outfitters:

- Adventure West
- Clear Creek Rafting Company
- Golden River Sports
- Rocky Mountain Paddleboard
- Golden River Tubing

These shops ensure a safe and enjoyable tubing experience on Clear Creek by providing quality equipment and reliable shuttle services. Contact them in advance for rates and schedules.

»GENERAL TIPS

Here are some insights to get the most out of your tubing trip.

- Wear a swimsuit, plus layers for cooler weather or early mornings
- Leave cell phones and valuables at home
- Put car keys in a safe place
- Wear water shoes or sandals (no flip-flops!)
- Most people tube for around 2-3 hours
- Without a shuttle, the walk is about 2.5 miles long
- Wear (and re-apply) a high-SPF sunscreen
- Stay hydrated
- Alcohol is not permitted in the Whitewater Play Park

»AFTER-TUBING ACTIVITIES

Post-float, be sure to spend more time in Golden! Follow the Clear Creek Trail downtown to admire all the town offers.

After drying off, visit shops like Blue Moose Trading Company, Toad and Co. and YoColorado. Then, grab a bite to eat at Woody's, Old Capitol Grill or the Golden Mill food hall. Finally, stop by Ace High Tavern, Buffalo Rose or Trailhead Taphouse for a drink.

Tubing down Clear Creek in Golden offers a one-of-a-kind, rapid-filled adventure. Enjoy this iconic Golden activity! ★



GOLDEN *Women* IN BUSINESS

BY SAVANNAH NELSON

The women of Golden are forces of nature, and one local organization works to facilitate and empower connections between community members.

Golden Women in Business (GWiB) is dedicated to three major goals: to inspire those who identify as women,

to build relationships between professional women and the Golden community, and to discover opportunities that help create and support successful women in business and in life.

“Our goal is always to serve the women of Golden,” founder Lora Engesser said. “Golden is a really special place with its own distinct identity.”

When Lora Engesser moved to Golden from Chicago in 2006 and became owner of Altitude Events and Marketing, she saw a need within the community. While organizing events, she realized there was a market for a Golden networking group; she founded GWiB in 2012.

“There are a lot of local networking groups within the Golden business community,” Lora said. “What makes us special is that we’re the only one in the Golden area that focuses solely on people who identify as women.”

Since then, GWiB has expanded its efforts to include a broad spectrum of support for its members. In addition to networking, there are resources for business development, specialized industry forums and candid collaboration and problem-solving opportunities.

One of GWiB’s drivers for success is its event calendar. The group’s first event was the Expo at The Golden

Hotel in April 2013. Since then, participation has increased exponentially.

“We held over 90 events in 2023,” said Deb Starkey, GWiB President. Deb noted that while she enjoys the GWiB’s annual signature events—like the Cocktails and Connection Party or Founder’s Day Event—for allowing the entire organization space to come together to network, connect and celebrate, she loves the smaller programs most. “My favorites are the monthly gatherings,” Deb said. “They offer an intimate opportunity to encourage and support one another.”

GWiB’s regular gatherings include happy hours, book clubs and table talks, where members can discuss “the good, bad and ugly” of their businesses before receiving feedback from peers.

Moving forward, GWiB is focused on perfecting its current offerings. “We want to cultivate and enhance what we do to make sure that our current members experience the full benefits of being part of the group,” said Georgina Miller, GwiB VP of Marketing. “We also want to help tap into what the other great groups in Golden are doing and find ways for our membership to support that work.”

Any woman living or working in Golden—whether employed by a business or owning one—can become a member. “We aren’t a leads group,” Georgina said. “We want our members to engage with each other in a genuine way.”

For GWiB, the work comes down to amplifying and supporting the incredible women who make Golden extraordinary. “The community is really vibrant, and the women are energetic and committed. We’re surrounded by such a variety of women and everyone has great ideas about how to keep this community special.” 🌟



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At Kona Bowls, we're on a Happy. Healthy. Bold. mission to bring healthy superfoods, with a touch of aloha, to Golden, Colorado and beyond.

Kona Bowls was born out of an awesome life chapter lived in Hawaii. We, the Mattsons, have lived in a few wild places, but Hawaii was truly a dream realized. We spent seven awesome years raising our kids there. Hawaiian life taught us about "aloha", healthy living, and how to live closer to your calling. At the heart of Kona Bowls is Alissa Mattson, creative artist of spaces and culinary delights! Kona Bowls in Golden is one of her favorite creative outlets. One sunny and warm day in January, shortly after moving from Hawaii to Golden, she walked out of a yoga class

A HAPPY. HEALTHY. BOLD. LIFE!

downtown Golden and was craving a tropical açai bowl. After a short search of the area, she could not find anywhere that offered the clean, dairy-free, refined sugar/sweetener free option she craved after living off of fresh fruits and superfoods on Hawaii Island. The lightbulb went off. She went home and spent the entire rest of the day writing the first draft of the menu that would later be tested and refined to become Kona Bowls. Her number one goal at Kona Bowls is to offer clean, nutritious, and delicious food, with a touch of aloha.

At Kona Bowls, the mission is to make eating healthy, clean, meals accessible and fun for the whole family. We respect all dietary preferences and believe that incorporating plant-based superfoods into your diet is highly beneficial to your wellbeing. No refined sugars. No artificial sweeteners. No

dairy. We also offer gluten-free and vegan-friendly options. Our menu specializes in superfood smoothies, açai bowls, poke bowls, vegan Buddha bowls, fresh juice, and MUCH much more! Every menu item adheres to their company values: healthy, happy, bold.

Happy. Healthy. Bold. is Kona Bowl's version of mind, body, spirit. We believe these things work together to bring about our best life. We believe that happiness is found in the intersection of living healthfully and boldly expressing ourselves. Our space is curated for these things; from positive messaging on our walls, bright and beautiful colors, a rainbow of healthy superfood menu choices, mindful and bold ingredients, to a wide range of expressive community events. We want you to feel happier, healthier, and bolder after visiting Kona Bowls.

ANNUAL EVENTS

(Check website for dates & details: konabowlscafe.com)

- Art w/ Heart •
- Yoga & Brunch •
- Community Cold Plunges •
- Pride Party •
- Tubular Tuesdays •
- Olde Golden Holiday Parade •

Awards:

Colorado Media: Best of the Best (Vegetarian Restaurant, New Restaurant) 2022 & 2023
Golden Chamber of Commerce: Budding Business of the Year Winner 2023
Golden Chamber of Commerce: Golden Standard Award Finalist 2023
Golden Rotary: Ethics in Business Nominee 2023



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20 FAVORITE SCENIC HIKES

near Golden

By Savannah Nelson

Photo by Nancy Thomas

Golden's moniker as the Gateway to the Rocky Mountains has an obvious benefit for all lovers of the great outdoors: incredible hiking trails surrounding Golden.

Whether you're hoping to go on a stroll or an intense ascent, the trails around Golden are plentiful and diverse—offering a little something for everyone. Here are 20 scenic hikes in the Golden area.

1. NORTH TABLE MOUNTAIN TRAIL (1.5 miles, moderate - difficult)

This trail traverses the southwest side of North Table Mountain, exposing views of the Golden Valley and the Denver skyline in the distance.

2. SOUTH TABLE MOUNTAIN TRAIL (1.4 miles, easy)

The South Table Mountain Trail is relatively quick and highly rewarding. It begins minutes from downtown Golden on a semi-steep, narrow dirt trail with towering city views across the mesa.

3. LOOKOUT MOUNTAIN TRAIL (4.4 miles, moderate)

Embark on this historic trail to reach the iconic Lookout Mountain. You can admire sweeping vistas while traversing Windy Saddle Open Space to the Lookout Mountain Nature Preserve and back.

4. APEX PARK

Golden's Apex Park has interconnected trails that cater to hikers of all abilities. The setting allows for exploring dense forests, rocky outcrops, and cascading streams.

Top trail options include **Magic Mountain – Argos – Apex - Enchanted Forest Trail (5.5 miles, moderate)**, **Apex - Enchanted Forest Loop (3.7 miles, moderate)** and **Apex - Pick 'N Sledge Loop (3.9 miles, moderate)**.

5. CLEAR CREEK TRAIL (2 miles, easy)

Golden's Clear Creek Trail is a multi-use loop that follows the banks of Clear Creek through several neighborhoods, including the downtown area.

This loop connects to the Greater Clear Creek Trail, a 19.1-mile system extending from Golden to Wheat Ridge, eventually connecting with other trails in the Denver Metro area.

6. CHIMNEY GULCH TRAIL (6.9 miles, moderate - difficult)

Chimney Gulch Trail is an out-and-back trail that climbs to the summit at Lookout Mountain Nature Center. It passes through a mix of grass prairie and pine forests, crossing streams at several places.

7. GOLDEN GATE CANYON STATE PARK

Golden Gate Canyon State Park is home to over 35 miles of trails that meander through dense forests, alpine meadows and shimmering lakes.

Hike recommendations include **Beaver Trail (2.3 miles, difficult)**, **Black Bear Trail (2.5 miles, difficult)** and **Blue Grouse Trail (0.8 miles, moderate)**.

8. MOUNT GALBRAITH LOOP (VIA CEDAR GULCH TRAIL) (4.2 miles, moderate)

This loop trail impresses with a mix of canyon and far-reaching valley views. It's popular for avid hikers but still accessible for beginners, with shaded forests, open meadows and a blend of wildlife such as cliff-nesting eagles and big horn sheep.

9. MATTHEWS/WINTERS PARK TRAILS

Matthews/Winters Park has 2,435 acres of open space and 13.6 miles of trails, notably surrounding Red Rocks Park. Several hikes capture the beauty of the iconic formations and the rolling foothills in the background.

Hikes to check out include **Red Rocks and Morrison Slide Loop (3.2 miles, moderate)**, **Red Rocks Trail - Cherry Gulch Loop (2.9 miles, easy)** and **Dinosaur Ridge (3.7 miles, moderate)**.

10. RACCOON LOOP TRAIL (2.5 miles, easy)

Raccoon Loop Trail is accessible and beautiful. It's located in Golden Gate Canyon State Park and features wildflowers, trickling brooks, aspen trees, snow-capped peaks and plenty of shade.

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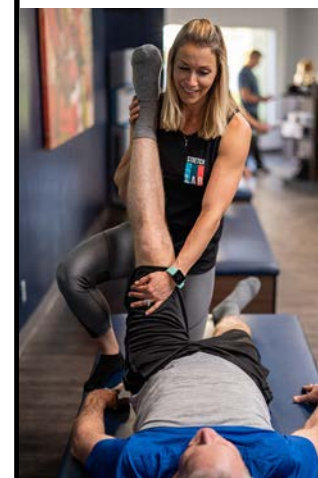
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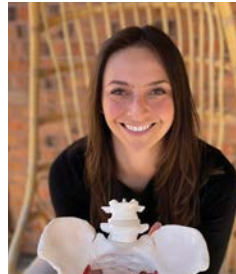


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SCENIC HIKES

near Golden



Continued from previous page

11. GOLDEN CLIFFS TRAIL (3.5 miles, moderate - difficult)

The trail to the renowned climbing destination Golden Cliffs Preserve provides challenging, steep terrain with grades that exceed 25 percent. Enjoy views of sheer rock faces against the dramatic backdrop of Clear Creek Canyon.

12. BILL COUCH MOUNTAIN (VIA GOLDEN EAGLE TRAIL) (6.9 miles, moderate)

Located within Deer Creek Canyon Park in nearby Littleton, the Bill Couch Mountain Trail provides a peaceful retreat among towering ponderosa pines and tranquil meadows in a wilderness setting.

13. GRANT TERRY TRAIL (0.7 miles, easy)

Part of Golden's expansive Clear Creek trail system, the Grant Terry Trail is a paved, 15-foot-wide path that runs alongside Clear Creek up the canyon. It's a family-friendly pedestrian walk that's especially pleasant during summertime.

14. ELK RANGE TRAIL (6.6 miles, easy - moderate)

The Elk Range Trail within Centennial Cone Park offers scenic, high-alpine views of snowcapped mountains and highland meadows. As its name suggests, it also has incredible wildlife viewing opportunities.

Note: Elk Range Trail is closed from February 1 through mid-June to protect elk during their calving season.

15. FAIRMOUNT TRAIL (3.7 miles, moderate)

Fairmont Trail follows a narrow, artificial waterway from Arvada to Golden on the east of North Table Mountain. It passes through residential areas on a flat, gravel and dirt pathway, with stunning views from the mesa.

16. MOUNT ZION TRAIL (1.3 miles, moderate)

You might recognize this trail by the giant "M" at the top, representing the local college, Colorado School of Mines. Mount Zion Trail is a short hike with a few punches of strenuous incline, ending with impressive valley views.

17. 6TH AVENUE TRAIL (3.5 miles, easy)

The 6th Avenue Trail follows its namesake highway from Colorado School of Mines to Colfax Avenue. It offers expansive views of the surrounding foothills and passes by Jefferson County's 125-foot glass-enclosed dome government building before connecting to the Clear Creek Trail and History Park.

18. LUBAHN TRAIL (2.5 miles, moderate)

The Lubahn Trail loops to South Table Mountain's Castle Rock. It climbs about 400 feet to the base of the cliffs and gives an intimate look at the iconic formation.

19. NIGHTBIRD GULCH TRAIL (3.4 miles, moderate - difficult)

Nightbird Gulch Trail leads into the Mount Galbraith Open Space Park. This trail is a fun excursion that explores the Front Range Foothills and is known for rough, rocky steps and ledges.

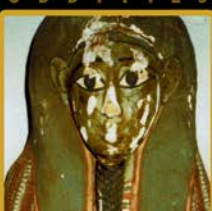
20. TUCKER GULCH TRAIL (1.10 mile, moderate - difficult)

The Tucker Gulch Trail is an uphill trek that starts in town at Vanner Park and travels along the Tucker Gulch drainage. It's a steady climb along an abandoned railroad bed, making for a unique hike with scenic views.

Ready for adventure? Check out one of these hiking trails near Golden to experience the Colorado foothills' fresh air and majestic beauty. 🌟

Photos by Nancy Thomas

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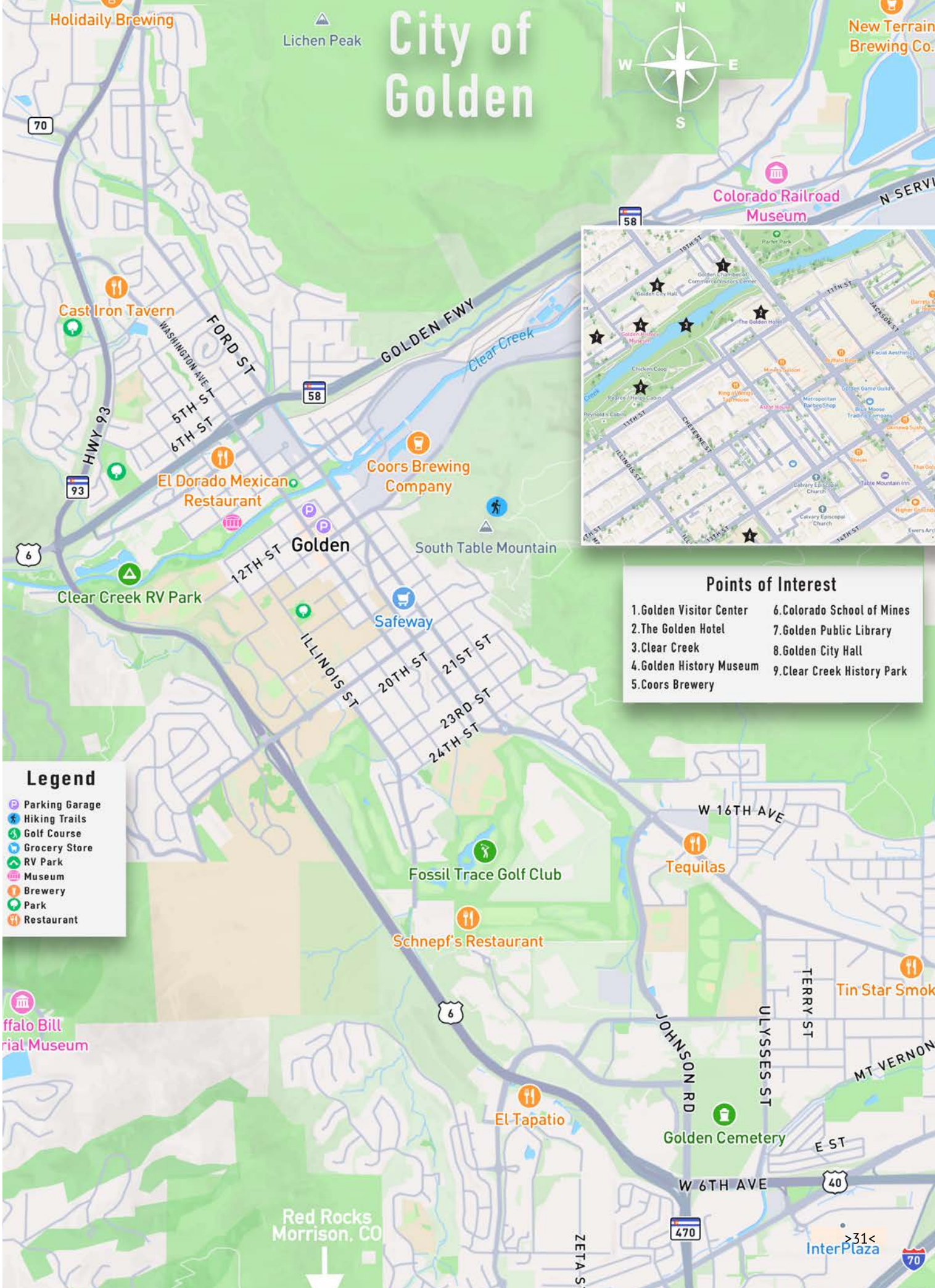


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EXPLORING GOLDEN'S Live Music SCENE



By Savannah Nelson

Concerts are an undeniable part of Golden's culture. Live performances contribute to its vibrant music scene, with a diverse mix of venues—from saloon-themed bars to the world-famous Red Rocks Amphitheater just a short drive away.

Here's a roundup of places to catch live music around Golden.

GOOSETOWN STATION

Goosetown Station opened as an outdoor music venue and bar in 2021, in a historic building dating back to 1867—named for one of Golden's first neighborhoods, settled by a group of German immigrants who called themselves the "Goose Society."

Performances run weekly from Thursday through Sunday, doors open at 4 and music starts at 5. Shows are primarily outdoors, but there's an indoor stage for colder weather.



BUFFALO ROSE

Downtown Golden's Buffalo Rose is a historic saloon that has hosted live music since the late 1800's. It offers an intimate setting and rustic ambiance for a fun night out.

MINER'S SALOON

In addition to a Gold Rush-inspired interior reminiscent of Golden's mining days, Miner's Saloon has craft beer, cocktails, casual eats and live music performances. You can catch an intimate show at Miner's Saloon each Wednesday night from 6-9 p.m.

Continued on next page

EXPLORING GOLDEN'S Live music SCENE

Continued from previous page

OVER YONDER BREWING COMPANY

Located in southwest Golden, Over Yonder is a craft brewery with a fresh lineup of good beer, vibes and live music. The brewery's stage hosts live musical performances, art markets and other fun events.

ROCK REST LODGE

For a rowdier night out, Rock Rest Lodge is a historic outpost turned kitschy, rollicking hang-out. The bar has all the essentials: a bar, theme days and events, billiards, a rumored live-in ghost and regular live music and dancing.

GOLDEN MOON SPEAKEASY

With a cozy vintage vibe and a laid-back atmosphere, the underground Golden Moon Speakeasy is a great place to take in an eclectic blend of jazz, blues and folk music.

DIRTY DOGS ROADHOUSE

Whether you walk, run, ride or drive, Dirty Dogs Roadhouse has a range of entertainment. This biker-friendly bar and grill has three stages, with live music, karaoke, bingo, college night and poker. Dirty Dogs is family and dog-friendly, with an expansive outdoor stage space.

BARRELS & BOTTLES BREWERY

Barrels & Bottles' Camp George location has a calendar of concerts from local and up-and-coming musicians. The laid-back brewery serves beer and wine, and music plays from 5:30-8:30 p.m.



BRIDGEWATER GRILL

The Bridgewater Grill, located within The Golden Hotel, features occasional live music performances. It's a classy option in an upscale setting with good food, drinks and breathtaking surrounding Golden views.

RED ROCKS

Red Rocks Amphitheater is a legendary outdoor amphitheater carved out of natural sandstone formations in nearby Morrison, Colorado. It hosts world-renowned acts and is a bucket list item due to its iconic beauty, atmosphere and acoustics.

In addition to big-name artists, Red Rocks serves as a hub for local musicians, with its annual concert series of Colorado artists spanning a wide range of genres.

Regardless of venue, it's hard to beat any music performance coming live from Golden. 🌟



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48 Awesome Hours in Golden

FAMILY EDITION

By Julia Foodman

Looking for the perfect family weekend getaway destination? Look no further than Golden, Colorado: nestled against a picturesque backdrop of the Rocky Mountains, Golden offers a delightful blend of outdoor adventures and cultural experiences for all ages. Between its stunning scenery, diverse range of activities, and homey atmosphere, Golden, Colorado promises a weekend filled with cherished memories for the whole family. Read on for your perfect 48-hour visit itinerary.

WHERE TO STAY

Before heading out into the wild, grab a light breakfast or coffee on the go. A few options include Peak Donuts, Bean Fosters, Crepes & Co., Kona Bowls Superfoods, Launch Espresso or Café 13.

Golden is home to a handful of boutique hotels, cabins in the foothills, and budget-friendly stays. It's hard to go wrong with whatever you choose, but we recommend the Golden Hotel. Located in the heart of downtown, the historic Golden Hotel overlooks the Clear Creek and the Rocky Mountains for all your Colorado needs. The independently owned lodge features a wide variety of luxury accommodations and unique features.

Day 1 Itinerary

>> 8:30 A.M.

Breakfast at the Golden Diner

Wake up before the city comes to life and kick off your day with a classic, Golden favorite: the Golden Diner. Between the quiet ambiance of the sleepy city and the old-school diner dishes, there's no better way to acquaint yourself with our little town.

>> 10:00 A.M.

Wild West Walking Tour with Golden History Tours

Before you explore the city on your own, saddle up and let a local history expert show you the ropes. Before Denver, Golden was the original capital of Colorado. Golden boasts an extensive, complicated, and fascinating history, from tales of Wild West shootouts to eerie ghost stories. Learn all the highlights and more on this interactive, educational, and most importantly, super fun tour.

>> 12:00 P.M.

Lunch at Morris and Mae

This new, food hall, artisan market, and bar is the perfect lunch destination. Vendors include a deluxe mac and cheesery, fine Italian cuisine, fresh poke and acai bowls, authentic street tacos, classic American gastropub eats, and a sweets and espresso shop. Needless to say, there truly is something for everyone.

>> 1:00 P.M.

Visit Red Rocks Park and Amphitheater

No trip to Colorado is complete without exploring the world-famous Red Rocks, and conveniently, it's just a ten-minute drive down the road from Golden's downtown. Explore the stage that U2, Johnny Cash, Jimi Hendrix, Stevie Wonder, and Bob Dylan all once performed on, among many others.



48 Hours in Golden

FAMILY EDITION

At Red Rocks, you'll see stunning, 200-mile panoramic views of Denver and the plains, towering 300-foot sandstone formations, and be sure to check out the visitor center to learn all things geologic and music history. **Bonus:** Get professional family photos taken by Smooch Photography. Hello, holiday card!

>> 3:00 P.M.

Window Shop Downtown

Wind down by wandering Golden's historic downtown, and visit our abundance of independently owned boutique shops. Some of our favorites include Truly Boutique, Elementally Golden Artisan Goods, Spinster Sisters Co, Yo Colorado Mountain Apparel, Golden Fly Shop, and Taspen's Organics.

>> 6:00 P.M.

Dinner at Buffalo Rose

When in Golden, you can't miss a visit to all-time Golden favorite, the Buffalo Rose. Renovated in 2018, the Buffalo Rose is a historic restaurant, bar, performance venue, and event space dating back to the 1850s. The building has been used for a variety of purposes including shops, an old pool hall, stores, and a saloon. Today, the Buffalo Rose serves up a wide variety of American cuisine with Latin Influence and a Western Flair in the heart of downtown.

Day 2 Itinerary

>> 8:00 A.M.

Breakfast at the Windy Saddle Cafe

Start your morning off right with the freshest cup of joe around at the Windy Saddle Cafe. Grab a breakfast sandwich, burrito, quiche, or quinoa bowl so you're ready for your second action-packed day in the best town West of the Mississippi.

>> 9:00 A.M.

Guided Golden Hike with Rocky Mountain Hiking Company

Meet up with local outdoor enthusiast, author, writer, and endurance athlete Carly Moree for a three to six-mile hike in the scenic foothills of the Rocky Mountains. There's no better way to spend family time than in the outdoors and luckily, there's no shortage of majestic land to explore near Golden.

>> 1:00 P.M.

Lunch at Indulge

Post-hike, you'll need a filling and tasty lunch, and Indulge has your back. The restaurant is conveniently located downtown and its mouthwatering flatbreads, burgers, steaks, and more will do the trick. After that hike, you deserve it!

>> 2:00 P.M.

River Tubing in Clear Creek

Perhaps the best thing about summer in Golden is the river tubing. Walk to Golden River Sports to rent tubes for the afternoon, take a stroll just past city hall, and hop in the water for an unforgettable ride down Clear Creek. If tubing isn't your thing, don't worry: you'll be among many locals and visitors alike sunbathing by the river, wading into the water, and taking in the incredible views of the Rockies.

>> 6:00 P.M.

Picnic Dinner at Lion's Park

Lion's Park is a community hub, offering picnic tables, playgrounds, river and mountain views, and the perfect sunset-watching destination. Pickup takeout from one of Golden's many downtown restaurants – we recommend Okinawa Sushi, The Golden Mill, or Bella Colibri – and soak up the fabulous Colorado summer evening weather. While you eat, take the time to reminisce on all the incredible sightseeing, adventuring, and memory-making you've done over the last two days in Golden. ★



EATS & DRINKS

FOOD, DRINK & LODGING DIRECTORY

EATERIES

ABEJAS

807 13th Street

303-952-9745 // AbejasGolden.com

An intimate, seasonal restaurant, fit for a casual glass of wine with friends as much as for the celebration of a special occasion. Creative New American cooking, a boutique wine list & unique craft cocktails in a cozy dining room.

ANTHONY'S PIZZA

600 12th Street, Suite 120

303-278-9999 // AnthonysPizzaAndPasta.com

From the six real ingredients that we use to create our pizza dough from scratch every day. To the 100% whole milk mozzarella we shred right from the block. We bake your pizza in piping-hot stone deck ovens using our original pizza sauce recipe, so your pizza is simply authentic, every time.

ATOMIC COWBOY

1100 Washington Ave Ste. 102

303-747-4381 // AtomicCowboy.net

Home of Denver Biscuit Company and Fat Sully's Pizza. Party in the am, party in the pm! Cocktails, Bloodies, Bubbles and Mocktails.

BISTRO DEL LAGO

29011 Upper Bear Creek Road, Evergreen

303-674-6826 // BistroDelLago.com

Authentic Italian dishes crafted with elevated ingredients, made fresh daily and enjoyed in a classy, creative, art-driven atmosphere in the heart of beautiful Evergreen, Colorado. Spend your whole evening enjoying multiple courses of delicious Italian cuisine, wines straight from the vineyards of Italy and unique cocktails that are guaranteed to quench your thirst with style. Italian-owned and operated! A true Italian Bistro.

BRIDGEWATER GRILL

Located in The Golden Hotel

800 11th Street

303-279-2010 // BridgewaterGrill.com

Menu selections include Rosa's award-winning green chili, house-made carnitas tacos, Rocky Mountain miners salad, a salmon BLTA, craft burgers and much more. Enjoy starters such as house-made hummus, smoked trout dip, crispy Brussel sprouts and harvest flatbread. Entree offerings include bacon wrapped Colorado bison meatloaf, Coors beer battered cod fish & chips, pan seared salmon, pasta Pomodoro and chicken cordon Bleu. Finish with an apple crumble, flourless chocolate cake, crème brûlée or a hot fudge sundae.

BUFFALO ROSE

1119 Washington Avenue

720-638-5597 // BuffaloRoseGolden.com

A historic restaurant and bar, live performance venue and event center. Eating here is a trip back in time to the American west. A trip to Golden isn't complete without stopping here.

CAFE 13

1301 Arapahoe Street

303-278-2225 // Cafe13Golden.com

"Golden's Living Room" is located just one block west of Washington Avenue on 13th Street in the historic Armory building. Very popular and fast-casual scratch kitchen concept well-known for its delicious breakfast (served all day), brunch and lunch. Hearth fresh pastries available every day. Enjoy one of their famous breakfast old fashions on the seasonal patio. Follow the locals to Cafe 13!

CHEESE RANCH DELI

601 16th Street, Unit A

303-278-1293 // CheeseRanch.com

A locally-owned gourmet deli without the gourmet attitude. Artisan cheeses and fine sandwiches is what Cheese

Ranch is all about. They are not fast food, so slow down and enjoy what you put in your mouth!

DENVER BISCUIT COMPANY

1100 Washington Avenue Suite 102

DenBisco.com

Here at DBC, we don't settle. We make everything in house: The biscuits, the gravy, the jams... all the way down to the pickles and local honey butter. As a matter of fact, fresh biscuits and cinnamon rolls are being baked as you sit and read the menu. We source only the best ingredients, including tender belly bacon, Polidori sausage, Tillamook cheese, Duke's mayo and Logan Mill grits, to name a few.

DIRTY DOGS ROADHOUSE

17999 West Colfax Avenue

303-384-3644 // DirtyDogsRoadhouse.net

Dirty Dogs Roadhouse has a massive inventory of beer, wine and spirits. You'll never go thirsty at Dirty Dogs! The #1 biker bar in Colorado, with live music, cold beer and strong drinks, plus a food menu that rocks!

THE EDDY TAP ROOM & LAWN

1640 8th Street

720-442-8150 // TheEddyGolden.com

Mountain cuisine, boasting a hearty menu focused on seasonality and the use of local Rocky Mountain ingredients. An innovative cocktail program and a vibrant list of local craft beers.

FAT SULLY'S NY PIZZA

1100 Washington Avenue, Suite 102

303-747-4381 // FatSullys.com

Located in Atomic Cowboy, Fat Sully's offers hand-tossed New York pizza with fresh toppings. Farm-sourced Wisconsin cheese, dough made from scratch, hand-tossed to perfection. Quality like this takes time. Thank You for your patience. Trust us, it'll be worth it.

GOLD MINE CUPCAKES

700 12th Street, Suite 130

720-328-9531 // GoldmineCupcakes.com

Family-owned cupcake shop specializing in from-scratch recipes. Voted best cupcakes in Colorado by Delish.com. Voted "best dessert" and "best bakery" in Golden! These divine cupcakes are made fresh daily! Every day flavors included red velvet, diamond white (almond),

double chocolate, birthday cake, vanilla raspberry, turtle, carrot cake, cookies + cream plus 2-3 rotating seasonal choices, 1 gluten-free option and 1 vegan flavor every day. Delicious!

GOLDEN GAME GUILD

1209 Washington Avenue

720-685-6875 // GoldenGameGuild.com

A board game cafe dedicated to fostering a community of table top gameplay, including an after-school program, game meet-ups, events and more!

GOLDEN MOON SPEAKEASY

1111 Miner's Alley

720-638-1155 // GoldenMoonSpeakeasy.com

Golden Moon Speakeasy is a speakeasy style cocktail lounge and distillery tasting room. We offer an extensive selection of artisanal cocktails made with Golden Moon spirits, served to you in the heart of downtown Golden, Colorado.

INDULGE BISTRO & WINE BAR

1299 Washington Avenue

303-277-9991 // IndulgeWineBar.com

This is the place where friends share great wine, delicious food and an abundance of good times. Great patio, extensive wine list and a fabulous happy hour. Gluten free and vegetarian options too. Try the Tony Soprano flatbread. It's amazing!

KING OF WINGS TAP + TEQUILA

1100 Arapahoe Street

@kingofwingstaphouse //

KingOfWingsTaphouse.com

King of Wings Tap House is an easy-going venue specializing in chicken wings & hand-breaded tenders, plus craft brews. Proudly featuring amazing food, amazing staff and of course people having fun. Join us today! Follow: @kingofwingstaphouse

KONA BOWLS

1111 Washington Avenue

720-831-8155 // KonaBowlsCafe.com

Acai bowls, buddha bowls, wraps, smoothies and poke bowls with an island flair. Fresh, healthy and delicious. Bringing Aloha, health, happiness and bold spirits your way.

Photos by Nancy Thomas

Continued on next page

EATS & DRINKS

FOOD, DRINK & LODGING DIRECTORY

Continued from previous page

MORRIS & MAE FOOD HALL

18475 W. Colfax Avenue, Suite 132
719-881-0696 // MorrisAndMae.com

Morris & Mae is a bar, food hall and artisan market located at the Red Rocks Park & Amphitheatre exit in Golden, Colorado. The ultimate destination for those who are attending a Red Rocks event or visiting Red Rocks Park. Enjoy a variety of food vendors, 20 hyper local taps, seasonal + classic cocktails, wine, canned & bottled beer and "sober curious" non-alcoholic options. Morris & Mae is a gathering place for locals and visitors alike. Located next to Connects Workspace Red Rocks.

NOMAD TAQUERIA & BEER GARDEN

18485 West Colfax Avenue
303-215-0100 // OriginHotel.com

Located inside The Origin Hotel Red Rocks. Enjoy delicious modern Mexican fare & drinks. Popular destination for before and after a visit to Red Rocks Park & Amphitheatre.

NOSU RAMEN

700 12th Street, Suite 150
720-787-7988 // NosuRamen.com

Delicious ramen, small plates and other Asian specialties that are playful, comfortable for all and at an affordable price. The ultimate ramen dining experience. Fresh. Delicious. Perfect. Closed on Mondays.

OLD CAPITOL GRILL & SMOKEHOUSE

1122 Washington Avenue
303-279-6390 // OldCapitolGrill-Smokehouse.com

Smoked meats, along with premium burgers, trout, steak and salads. Enjoy great people watching on the patio while you sip a beer.

SNARF'S SANDWICHES

1301 Washington Avenue, Suite 110
303-273-0006 // EatSnarfs.com

Award-winning sandwiches are made to order using only the finest ingredients. Snarf's wouldn't be a Colorado essential food destination without its location in the charming town of Golden. Specializing in fresh sandwiches & salads, rotating soups, kid-sized subs, vegetarian and

gluten-free options and desserts. Snarf's is a go-to picnic pick-up spot before fishing, kayaking and tubing. Catering, online ordering and delivery available.

TIN STAR SMOKEHOUSE

16400 South Golden Road A
303-279-0361 // TinStarSmokehouse.com

At Tin Star Smokehouse, we created our own brand of barbecue for the Colorado area. Drawing inspiration from different styles from across the country. Our menu has all your favorites too. We offer everything from ribs and hot links to sandwiches and brisket! We smoke all of our meats in house with both mesquite and apple wood to provide that rich full bodied flavor while staying sweet.

TRAILHEAD TAPHOUSE & KITCHEN

811 12th Street
720-638-9009 // TrailheadTaphouse.com

Meet at The Trailhead and wind up or wind down after your Colorado adventures. Great local beers & ciders and amazing Cajun cuisine, plus burgers, salads and pizzas. Big screen tvs and seasonal patio seating. Hang out here while planning your next Colorado outing.

VICE KITCHEN WINE WHISKEY

18445 West Colfax Avenue, Suite 104
303-216-2568 // ViceKitchenWineWhiskey.com

Scratch made kitchen with locally-sourced ingredients prepared with love. Extensive wine and whiskey list and happy hour on Tuesdays and Wednesdays. Try the Navajo Flatbread.

WILLOW CREEK

29029 Upper Bear Creek Road, Evergreen
303-674-9463 // WillowCreekEvergreen.com

Everything you love about Colorado, just 30 minutes from Denver. Willow Creek is a beautiful Colorado restaurant overlooking Evergreen Lake. Our upscale, casual environment is welcoming and exemplifies everything we love about nature in Colorado. The mountains, the lake, the wildlife, the sweetness of a small mountain town. And then there is the food! Willow Creek is a proud, from scratch kitchen. From start to finish, we make it all with love!

WINDY SADDLE CAFE

1110 Washington Avenue, Suite 100
303-279-1905 // WindySaddle.com

Fueling Golden since 2007. Get your COWBOY on in the heart of Golden. Scratch made bakery and healthy lunch plates, they ramp it up with local espresso, chai, tea and smoothies. Meet a friend or hide from one at Windy Saddle Café.

WOODY'S WOOD FIRED PIZZA

1305 Washington Avenue
303-277-0443 // WoodysGolden.com

Listed in Yelp as the top 100 pizzas in America. All you can eat soup, salad and pizza buffet with burgers and sandwiches as well. Gluten free and vegetarian options. Takeout and delivery available.

BREWERIES

CANNONBALL CREEK BREWING COMPANY

393 Washington Avenue
303-278-0111 // CannonballCreekBrewing.com

GOLDEN CITY BREWERY

920 12th Street, Building 2
303-279-8092 // GCBrewery.com

OVER YONDER BREWING COMPANY

18455 West Colfax Avenue, Suite 103
303-278-0399 // OverYonderBrewing.com

DISTILLERIES

GOLDEN MOON DISTILLERY

412 Violet Street
303-993-7174 // goldenmoondistillery.com

LODGING

CLIFF HOUSE LODGE

121 Stone Street, Morrison, CO
303-697-9732 // CliffHouseLodge.net

COMFORT SUITES GOLDEN

West Evergreen Parkway
29300 US-40 Evergreen, CO
720-739-7328 // ChoiceHotels.com

THE EDDY TAP ROOM & HOTEL

1640 8th Street
720-442-8150 // TheEddyGolden.com

THE GOLDEN GUEST HOUSE

909 11th Street
847-636-9764 // TheGoldenGuestHouse.com

THE GOLDEN HOTEL

800 11th Street // 303-279-0100
TheGoldenHotel.com



Photos by Nancy Thomas

BUSINESS

SHOPPING & SERVICE DIRECTORY

SERVICES

ADVENTURE WEST TUBE & E-BIKE RENTAL

423 10th Street
720-722-1645 // adventurewestco.com

BLACK ALTAR TATTOO

17704 S. Golden Road
303-954-9164
BlackAltarTattoo.com

CAMP BOW WOW GOLDEN

13101 W. 43rd Drive, Suite 102
303-271-9663 // CampBowWow.com

EVERGREEN GOLF COURSE

29614 Upper Bear Creek Road, Evergreen, CO
720-865-3430 // cityofdenvergolf.com

THE GOLDEN CURIOSITY SHOP

Free interactive Nature & Science Museum for curious people of all ages
17742 S. Golden Road
720-240-4425 // Goldencuriosityshop.com

THE GOLDEN HAYRIDE

303-277-9222 // goldenhayride.com

GOLDEN HISTORY TOURS

720-432-1162 // goldenhistorytours.com

GOLDEN MOUNTAIN GUIDES

710 10th Street, Suite 240
720-598-2864 // goldenmountainguides.com

GOLDEN ROOTS SALON

708 13th Street, Suite 140
720-550-7173 // Vagaro.com/GoldenRootsSalon

INTRINSIC COLLECTIVE EVENT VENUE

922 Washington Avenue, Suite 200
303-339-0991 // Intrinsic-Collective.com

ON TAP CREDIT UNION

816 Washington Avenue
303-279-6414 // OnTapCU.org

SMOOCH PHOTOGRAPHY

sealedwithasmooch.com

SISU SALON

18455 West Colfax Avenue, Suite 102
303-271-0202 // salonsisu.com

WILLIS CASE GOLF COURSE

4999 Vrain Street, Denver, CO
720-865-0700 // cityofdenvergolf.com

SHOPPING

CAMPING WORLD

16000 West Colfax Avenue
855-561-2864 // rv.campingworld.com

GOLDEN FLY SHOP

710 Golden Ridge Road, Suite 126
303-330-1292 // goldenflyshop.com

GOLDEN GAME GUILD

1209 Washington Avenue
720-685-6875 // goldengameguild.com

GOLDEN ROCK SHOP

700 12th Street, Suite 120
720-630-8469 // goldenrockshop.com

OUTCROP DISPENSARY RED ROCKS

18475 W. Colfax Avenue, Suite 140-A
303-277-0964 // OutcropDispensary.com

TRULY BOHOTIQUE

801-B 14th Street
303-278-7084 // trulybohotique.com

WELLNESS

ALIGN YOGA - FITNESS - WELLNESS

14500 W. Colfax Drive, Suite 131-A, Lakewood
303-590-1590 // Alignyoga.fit

ANDERSON PHYSICAL THERAPY & WELLNESS

601 16th Street, Unit G
720-443-0469 // Andersonptwellness.com

RISE YOGA & WELLNESS

601 16th Street
720-443-0469 // risegolden.com

STRETCH LAB

17121 South Golden Road C145
720-745-5747 // stretchlab.com

TONIC TRAILS WELLNESS

710 Golden Ridge Road, Suite 118
303-887-9877 // Tonictrails.com

WOODHOUSE SPA

714 Cheyenne Street
303-390-9109 // woodhousespas.com



Photos by Nancy Thomas



Intrinsic Collective

GOLDEN'S MULTI-USE VENUE



No matter the occasion, our multi-use studio venue in the heart of downtown Golden is ready to fulfill your event needs. With stunning views, flexible rental options, and the capacity to accommodate various events, we strive to create an unforgettable experience. Schedule a visit today and let us help you bring your vision to life!

